



## Tea's

Nepalese Black Tea  
\$9.00

This rare and exotic tea from the Himalayan region of Nepal is truly complex and has the flavor characteristics of both a green and a black tea.

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Blossoms of Health Tea  
\$5.30

Beautiful to look at, deliciously tasty and, it's good for you.

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Chamomile Flower (OUT)  
\$-

An aromatic, and flavorful tea made from whole organic Chamomile flowers and now Fair Trade certified!

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Chamomile Tea (OUT)  
\$-

An aromatic, and flavorful tea made from whole organic Chamomile flowers and now Fair Trade certified!

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Chai Tea  
\$6.00

A warm, piquant, and delightful Chai made from 100% certified organic materials.

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Ceylon Tea  
\$5.50

Ceylon tea comes from partially fermenting young tea leaves and is revered as a lively classic with a smooth taste that is not too bitter to the palate. It makes a very nice

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Dawn Chorus Tea  
\$5.25

Gentle, yet full of heart and substance, this delicately balanced tea is a perfect way to start the day, and offers just the right amount of pick-me-up during times of after-

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Darjeeling Tea  
\$6.50

A true unblended Darjeeling tea from fresh, green, subtle leaves.

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## Tea's

Dream Tea  
\$5.40

This infusion blend is based on an ancient formula said to evoke powerful and colourful dreams.

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Earl Gray Tea  
\$5.00

An exceptionally rich black tea, fermented to perfection with a complementary pinch of bergamot oil.

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Oolong Tea  
\$5.75

A succulent tea especially palatable for those that do not enjoy the sharpness typical of green teas.

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Orange Spice Tea  
\$5.25

A warm, soothing, Ceylon tea blend with just the right ingredients to give toasts to.

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Easy Day Tea  
\$5.25

A truly superb, and herbalicious beverage aptly titled Easy Day tea because of its unabashed simplicity.

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Echinacea Root Tea  
\$5.75

Full flavored with a rich, rooty, yet smooth and mellow taste.

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Evening Repose Tea  
\$5.15

When the sun sets over the mountains and the new moon dips her silvery softness in to the clouds.

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Fairytale Tea  
\$5.25

When the sun sets over the mountains and the new moon dips her silvery softness in to the clouds.

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## Tea's

Flashes Tea  
\$5.15

This cooling and slightly astringent infusion blend is very helpful in soothing those hot "power surges".

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Forest Tea  
\$6.00

Formerly known as Lung Tea, this warm and decongesting tea is great for the respiratory and chest area with a rich and comforting taste.

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Gun Powder Green Tea  
\$4.50

A hearty, strong, green tea that is rolled in small pellets and was aptly awarded its title, because of its resemblance to the pellets used for gunpowder ammunitions during the

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Happy Man Tea  
\$5.75

An all around tonic and balancer just for men!

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Happy Tummy Tea  
\$5.25

Support your healthy stomach with this soothing and yummy drink.

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Herbal Tea Sampler (OUT)  
\$-

Finally a perfect way to sample our most popular and tasty herbal loose leaf teas.

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Hibiscus High Tea  
\$5.15

The red flowering tropical hibiscus plant gives this infusion drink its unique taste and wonderful colour.

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Honeybush Tea  
\$3.50

A super fruity delight that is naturally sweet and almost unbelievable!

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## Tea's

Kukicha Twig Tea  
\$5.50

This is probably one of the most opulent blends from the green tea family.

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Lemon Tea  
\$4.75

A powerfully refreshing cup of tea blended with the finest organic herbs.

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Memory Zest Tea  
\$5.15

A mentally refreshing and good tasting infusion beverage, to help give you feelings of clarity and precision.

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Mint Tea  
\$4.07

Delightful, refreshing and invigorating are a few words that come to mind after savoring this tea.

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Moon Ease Tea  
\$5.75

An indispensable and satisfying infusion blend perfect for that time of the month.

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Oregon Chai Tea  
\$6.00

A warm, piquant, and delightful Chai made from 100% certified organic materials.

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Peace Tea (OUT)  
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This is a gentle and calming nervine blend; a chance for reflection while providing an opportunity to imagine a peaceful world.

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Persephone's Tea  
\$5.15

Going down to the underworld and rising up renewed.

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## Tea's

Quite Child Tea  
\$5.15

Refreshing minty flavour and a calming influence.

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Rooibos Green Tea  
\$4.00

The attribute that makes this tea an unusual variety when compared to Red Rooibos tea, is that it is completely un-fermented, it contains a slightly herbal aftertaste, and

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Rooibos Red Tea  
\$3.50

An exquisite certified organic and fair trade certified red tea from the highest mountain peaks of South Africa.

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Tea Sampler  
\$14.95

Finally a perfect way to sample our most alluring and exotic organic green, black and red teas.

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Vita Blend Tea  
\$5.15

Delicious healthy blend to help support general well-being.

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White Peony Tea  
\$6.75

White tea is picked early in the season when the buds are still fresh, young and tender.

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White Silver Needle  
\$17.00

This exceptional tea is one of the rarest and finest organic teas available in the world.

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Winter Spice Tea  
\$5.15

A warming winter blend and a great stress reducer.

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## Tea's

Wise Woman Tea  
\$5.15

A wonderful menopause infusion blend to celebrate our emerging wise woman within.

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Woman's Balancing Tea  
\$5.15

Rich, healthy, delicious and full of flavor, this is a balancing and toning infusion blend ideal for every day.

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Woman's Freedom Tea  
\$5.15

A liberating, enjoyable and flavourful herbal decoction designed specifically for harmonizing a woman's balance.

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Yerba Mate Tea (OUT)  
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Yerba Mate is a lightly stimulating beverage from South America that has a mild amount of caffeine with just the right kick.

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Fidnemed Nighttime Tea (OUT)  
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Fidnemed means a sacred and quiet forest grove.

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English Breakfast Tea  
\$4.25

A classic, and now organic!

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Lapsang Souchang  
\$5.75

This intoxicating and alluring tea has one of the most powerful flavors and is best suited for those with established tastes for tea.

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Mango Ceylon Tea  
\$5.50

A delightfully zesty Ceylon blend from Sri Lanka.

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## Tea's

21st Century Tea OUT  
\$-

There are so many ways that our immune systems can be overwhelmed ... air, water, workplace, stress etc.

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Firefly Chai Tea  
\$6.50

A warm, piquant, and delightful herbal Chai made from 100% certified organic materials.

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Herbal Coffee Tea  
\$5.50

Enjoy this deep and invigorating coffee alternative made from 100% organic herbal ingredients!

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Jasmine Tea (OUT)  
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A fabulous "all purpose" tea made from freshly picked green tea leaves semi-fermented within fresh Jasmine flowers to impart a distinct floral aroma and flavor.

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Ancient Forest Tea  
\$10.00

This handsome tea is worthy of all our esteem and veneration because it comes to us exclusively from stands of protected ancient growth tea plants in the Yunnan province of

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Assam Tea  
\$4.75

By far the most popular and palatable black tea, Assam has proven its superiority by consistently delivering a full-bodied flavor, which is both dark and malty.

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Chrysanthemum Embrace 10 Flowering  
\$26.00

Luscious green tea leaves are sewn in a bouquet around a white Chrysanthemum flower.

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Dawn's Delight, 10 Flowering Buds  
\$26.00

This superbly divine tea is made with rare white tea buds which are tightly sewn over a cornucopia of alluring flowers including Amaranth, Jasmine, Chrysanthemum and Laven-

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## Tea's

Evening Stars 4-5 Flowering Buds  
\$14.50

In this splendid tea, white tea leaves are sewn together around three chrysanthemum flowers.

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Jade Elegance 8-9 Flowering Buds  
\$14.50

Rich emerald green tea leaves are hand woven and shaped into cone-shaped bundles.

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Rosebud Revealed 10 Flowering Buds  
\$26.00

Designed by skilled artisans from the Yunnan province in China, these fine white tea leaves are hand tied with cotton thread around a delicate Amaranth which looks just

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Velvet Lantern (OUT)  
\$-

This tea originates in the Yunnan province of China, where new buds are plucked, carefully prepared, dried, and then sewn into small lantern shapes.

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Dao Ren Tea  
\$7.25

This exceptionally delicate green tea gets its name from the famous Dao Ren Peak in the Zhejiang province of China and has rich and complex history dating back hundreds of

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Genmaicha Tea  
\$9.50

Genmaicha is a flavorful Japanese classic which includes a stunning combination of whole, fresh Green Sencha leaves combined with roasted organic brown rice.

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Green Sencha Leaf Tea  
\$13.00

This organic green sencha leaf tea from Japan is a delicate, stimulating beverage made from the season's fresh harvest of the first young leaves.

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Jasmine Pearls Tea  
\$12.00

This delectable organic tea is made from the long and graceful leaves of the tea plant with slender silver buds which are hand rolled into tight pearls.

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## Tea's

Matcha Tea  
\$28.00

Matcha tea is a deeply alluring beverage containing rich historic roots within Japanese tea drinking ceremonies.

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Seasons of Discontent Tea  
\$5.25

Formerly Allergy Season Tea, this refreshingly cool, minty flavored infusion blend with its citrus undertone can assist you with the discomfort & symptoms associated with al-

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Rooibos Vanilla Tea  
\$5.75

This lusciously flavored tea contains all of the benefits of regular Rooibos but with a rich and delightful organic Vanilla flavor.

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Ancient Forests Tea  
\$10.00

This handsome tea is worthy of all our esteem and veneration because it comes to us exclusively from stands of protected ancient growth tea plants in the Yunnan province of

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Nepalese Black Tea  
\$9.00

Particularly delightful in the mornings and afternoons.

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The Blue Tea  
\$5.25

Beat those down in the dumps feelings with this wonderful and great tasting infusion. 3-4 minutes for brewing.

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